

Gonal F 450 Multidose Vials

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What is Gonal-F??

Gonal-F? is a follicle stimulating hormone (FSH), one of the hormones that stimulates the ovary to make mature eggs. Gonal-F? is used to stimulate the development of multiple follicles in women undergoing assisted reproductive technology treatments(ART). This medication may also be used to induce ovulation in women for certain types of ovarian failure.

How Do I Use Gonal-F??

Here are step-by-step instructions for taking Gonal-F? (follitropin alfa) Multi-Dose injections:

Gonal-F? is injected subcutaneously-or into the fatty tissue under your skin. The primary sites for injection are your abdomen - 2 inches on either side of the navel, and your upper, outer-thigh where the skin is loose. Wash your hands thoroughly and make sure that the surface you work on is clean.

Using your thumb, flip off the plastic cap of the Gonal-F? Multi-Dose 450 IU vial.

Wipe the top of the vial with an alcohol swab.

Carefully twist and pull off the rubber cap from the prefilled syringe of Bacteriostatic Water. Do not touch the needle or allow the needle to touch any surface.

Position the needle of the syringe of water in a straight, upright position over the marked center circle of the rubber stopper on the vial of Gonal-F Multi-Dose powder. Keep the needle in a straight, upright position as you insert it through the center circle. Slowly inject the water into the vial by depressing the syringe plunger.

After all of the water has been injected into the vial, remove your finger from the plunger, allowing the plunger to rise to its original position. Withdraw the needle safely and dispose of it in a sharp

container.

Swirl the mixture gently until it becomes clear. Do not shake.

Wipe the top of the vial with an alcohol swab.

Remove the wrapper from the custom dosing injection syringe. Carefully loosen and pull the plastic cap from the needle and avoid touching the needle.

With the vial of reconstituted Gonal-f on a flat surface, insert the needle straight down through the marked center circle of the rubber stopper.

Without removing the needle from the vial, turn it upside down so that the needle points upward.

Slowly pull the plunger back until the syringe fills to slightly more than the unit marking that corresponds to your prescribed dose. Keeping the needle in the vial, slowly push the plunger to your prescribed dose. This will clear any air bubbles.

Carefully

remove the syringe from the vial and recap the needle. The custom dosing syringe is now filled with the prescribed dose of Gonal-f and is ready for administration.

[Click here to learn how to administer the subcutaneous injection of Gonal F](#)