

Gonal F 1200 Multidose Vials

Last Updated Friday, 01 February 2008

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What is Gonal-F?

Gonal-F is a follicle stimulating hormone (FSH) , one of the hormones that stimulates the ovary to make mature eggs. Gonal-F is used to stimulate the development of multiple follicles in women undergoing assisted reproductive technology treatments (ART). This medication may also be used to induce ovulation in women for certain types of ovarian failure.

How Do I Use Gonal-F?

Here are step-by-step instructions for taking Gonal-F (follitropin alfa) Multi-Dose injections:

Gonal-F is injected subcutaneously - or into the fatty tissue under your skin. The primary sites for injection are your abdomen - 2 inches on either side of the navel, and your upper, outer-thigh where the skin is loose. Wash your hands thoroughly and make sure that the surface you work on is clean.

Using your thumb, flip off the plastic cap of the Gonal-F Multi-Dose vial.

Wipe the top of the vial with an alcohol swab.

Carefully twist the needle cap off the syringe labeled "Bacteriostatic Water for Injection USP." Do not touch the needle or allow the needle to touch any surface.

Position the needle of the syringe of water in a straight, upright position over the marked center circle of the rubber stopper on the vial of Gonal-F Multi-Dose powder. Keep the needle in a straight, upright position as you insert it through the center circle.

Slowly inject the water into the vial by depressing the syringe plunger. When all the water has been injected into the vial, withdraw

the needle.

Swirl the mixture gently until it becomes clear. Do not shake.

Remove the cap from a new syringe. Invert the vial and insert the needle. Depress the plunger all the way.

Withdraw the recommended dose of medication

With the needle pointing toward the ceiling, flick the side of the syringe to disperse any air bubbles and the air pocket at the top of the syringe.

Gently push the plunger until one or two drops of liquid are expressed to make sure you have eliminated any air.

[Click here to learn how to administer the subcutaneous injection of Gonal F](#)